



Helping us listen to sounds

Helping at Home

Environmental Sounds

Invent a secret family knock for entering rooms. Each member of the family could have their own knock - can you guess who's there?

Helping at Home

Environmental Sounds

Make sounds around the house using different objects eg running a wooden spoon along a fence or tapping on a lid. Encourage your child to describe the sounds.

Helping at Home

Environmental Sounds

Go on a listening walk and note different sounds such as cars revving, birds singing, dogs barking. Can your child remember the sounds they heard when they get back home?

Helping at Home

Environmental Sounds

Play Sound Lotto if you have the game but if you haven't why not make your own from your listening walk?



Helping at Home

Voice Sounds

Make voices for characters when reading stories and encourage your child to do the same.

Helping at Home

Voice Sounds

Make sound effects with your voice while reading stories and encourage your child to do the same.

Helping at Home

Voice Sounds

Sing a familiar song using only sounds eg 'la la la' - ask your child to guess the song.

Helping at Home

Talking and Listening

Make a simple shaker (eg rice in a jar) or use a spoon as a drumstick - play a simple tune and ask your child to copy it.

Helping at Home

Instrumental Sounds

Listen to lots of different styles of music from rap to pop and classical. Encourage your child to move in different ways to a variety of sounds and moods.

Helping at Home

Body Percussion

Try different types of claps: clap your hands softly, fast and make a pattern for your child to follow. Do the same clapping your thighs or stomping your feet. Try your fingers as well!

Helping at Home

Body Percussion

Ask your child to teach you the actions to their favourite action rhymes such as 'Wind the Bobbin Up' or 'Miss Polly had a Dolly'.

Helping at Home

Instrumental Sounds

Make your own musical instruments using cardboard rolls, tins, dried peas, stones. Shake these loudly or softly as you are marching, skipping or stomping.

Helping at Home

Instrumental Sounds

Sing favourite songs and rhymes loudly, softly, slowly or quickly. Try stretching the words or add new words or sounds to the songs.